

SOUTH AFRICAN KICKBOXING ASSOCIATION



CODE OF CONDUCT AS PER SASCOC REGULATIONS

The undermentioned conduct serves as a guideline to all affiliates to SAKA. All Instructors, provincial chairpersons and Style leaders must ensure that the code is disseminated to all applicable within their area of responsibility.

ADMINISTRATORS

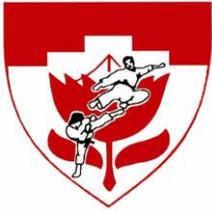
I pledge to:

1. Do my best to ensure that all athletes are given an equal opportunity to participate, regardless of gender, ability or ethnic background.
2. Discourage any sport program from becoming primarily an entertainment for the spectators.
3. Ensure that all equipment and facilities are safe and appropriate to the athlete's ages and abilities.
 1. Make sure that the age and maturity levels of the children are considered in program development, rule enforcement and scheduling.
2. Remember that participation is done for the athletes own sake and ensure that winning is kept in perspective.
3. Ensure that the code of ethics / fairplay is distributed, understood and agreed upon by, coaches, athletes, and officials.
4. Ensure that coaches and officials are capable of promoting fair play as well as the development of good technical skills, and encourage them to become certified.
5. Promote and develop the game by sharing knowledge and experience.
6. Administer all issues relating to the sport in the best interest of the sport and not for my personal gain.
7. Educate and ensure high standards of risk management are maintained.
8. Educate athletes to respect other cultures and beliefs.
9. Keep athletes and officials updated on protocol of other countries where they may compete.
10. Conform to my federation's code of conduct.
11. Show common courtesy towards participants/players, other administrators coaches, spectators, technical officials, press and sponsors.
12. No administrator shall at any time give, make, issue, authorize or endorse any public statement which will have or design to have, an effect prejudicial or detrimental to the best interest of the National Federations or sport in general

PARTICIPANTS

I will:

1. Respect the rules and play in the spirit of the game.
2. Display high standards of behaviour that promote a positive image for the game.
3. Respect my opponents.
4. Respect the officials and their decisions.
5. Be gracious in victory and defeat and remember that winning isn't everything.
6. Give my team-mates positive inputs and feedback.
7. Compete fairly.



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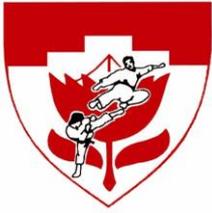


8. Refrain from the use of profane, insulting, harassing or otherwise offensive language or behaviour on or off the field.
9. Strive to maintain a sense of self-control and dignity at all times.
10. Thank officials and opposing teams after every game/match.
11. Remember to maintain a sense of integrity.
12. Respect the facilities/equipment.
13. Do my best to try to be a true team player.
14. Never advocate or condone the use of drugs or other banned performance enhancing substances.
15. Reject corruption, drugs, racism, violence and other dangers to the sport.
16. Help others to resist corrupting pressures.
17. Denounce those who attempt to discredit the sport.
18. Honour those who defend the sports good reputation.
19. To the best of my ability abstain from the use of tobacco products and alcoholic beverages in public when representing my country.
20. Never provide under age participants with alcohol.
21. Participate in all team testing and satisfy all team program-testing objectives. (Drug and High Performance)
22. Communicate and co-operate with registered medical practitioners/testing centre in the diagnoses, treatment and management of medical problems and respect the concerns of these medical people have when they are considering my future health and well being and when they are making decisions regarding my ability to continue to play or train.
23. Respect other athletes and officials cultures and beliefs.
24. Conform to my federation's code of conduct.
25. Show common courtesy towards administrators, coaches, spectators, technical officials, press and sponsors.
26. No player/participant shall at any time give, make, issue, authorize or endorse any public statement which will have or design to have, an effect prejudicial or detrimental to the best interest of the National Federations or sport in general

TECHNICAL OFFICIALS

I will:

1. Make sure that every athlete has a reasonable opportunity to perform to the best of his or her ability, within the limits of the rules.
2. Avoid or put an end to any situation that threatens the safety of the athletes.
3. Strive to maintain a healthy atmosphere and environment for competition.
4. Not tolerate unacceptable conduct toward officials, athletes, spectators or myself.
5. Be consistent and objective in calling all infractions, regardless of my personal feelings toward a team or individual athlete.
6. Handle all conflicts firmly but with dignity.
7. Accept my role as a teacher and role model for fair play.
8. Be open to discussion and contact with the athletes before and after the game.
9. Remain open to constructive criticism and show respect and consideration for different points of view.
10. Obtain proper training and continue to upgrade my officiating skills.
11. Consistently display high personal standards and project a favourable image of the sport and officiating.
12. Uphold the international standards.
13. To the best of my ability abstain from the use of tobacco products and alcoholic



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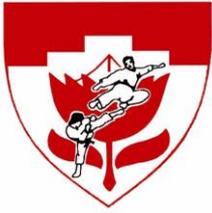


- beverages in public when officiating and working with officials and athletes.
14. Refrain from the use of profane, insulting, harassing or otherwise offensive language or behaviour in the conduct of my duties.
 15. Never advocate or condone the use of drugs or other banned substances.
 16. Conform to my federation's code of conduct.
 17. Show common courtesy towards participants/players, administrators, coaches, spectators, other technical officials, press and sponsors.
 18. No technical official shall at any time give, make, issue, authorize or endorse any public statement which will have or design to have, an effect prejudicial or detrimental to the best interest of the National Federations or sport in general

COACHES

I will:

1. Treat everyone fairly within the context of his or her activity, regardless of gender, place of origin, colour, sex, religion, political belief or economic status.
2. Ensure that confidentiality of players is maintained.
3. Teach the athletes how to manage conflict and stress and use good judgment in tough situations.
4. Be generous with praise and give the team positive inputs and feedback.
5. Encourage a constructive attitude toward competitions.
6. Provide an equal opportunity for all to learn skills and further themselves.
7. Encourage individuals to continue their participation in sport.
8. Be reasonable when scheduling games and practices.
9. Teach athletes to play fairly and to respect the rules, officials and opponents.
10. Ensure that all athletes get equal instruction, support and playing time
11. Not ridicule or yell at my athletes for making mistakes or for performing poorly.
12. Within the limits of my control I will make sure that equipment and facilities are safe and match the athlete's ages and abilities.
13. Remember that athletes need a coach they can respect and thereby set a good example.
14. Obtain the proper training and continue to upgrade my coaching skills.
15. Refrain from public criticism of fellow coaches, athletes, officials and volunteers especially when addressing the media.
16. Communicate and co-operate with registered medical practitioners in the diagnoses, treatment and management of the athlete's medical and psychological problems.
17. Consider the athlete's future health and well being as foremost when making decisions regarding an injured athletes ability to continue playing or training.
18. Recognize and accept when to refer athletes to another coach or sport specialist, allow the athletes goals to take precedence over my personal goals.
19. At no time become intimately and/or sexually involved with any athlete.
20. Never advocate or condone the use of drugs or other banned performance enhancing substances.
21. Never provide under age athletes with alcohol, or encourage its use.
22. To the best of my ability abstain from the use of tobacco products and alcoholic beverages in public when officiating and in the presence of the athletes.
23. Refrain from the use of profane, insulting, harassing or otherwise offensive



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language or behaviour in the conduct of my duties.

24. In the case of minors, communicate and co-operate with the athlete's parents or legal guardians, involving them in management decisions pertaining to their child's development.
25. Conform to my federation's code of conduct.
26. Show common courtesy towards participants/players, administrators, spectators, technical officials, other coaches, press and sponsors.
27. No coach shall at any time give, make, issue, authorize or endorse any public statement which will have or design to have, an effect prejudicial or detrimental to the best interest of the National Federations or sport in general.